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100 Twitter Feeds to Help You Change the World

icon1 Posted by Site Administrator in [Features](#) on 11 24th, 2009 | [no responses](#)

While the stereotype of the hard partying, slacking college student isn't likely to go away anytime soon, the fact is that many college students want to use their free time and the new skills and information they're learning to help others change the world for the better. Yet many students are unsure just where to begin getting involved with organizations and projects that can help them meet their personal goals. Here are 100 Twitter feeds to follow that offer inspiration to make change, volunteering opportunities, causes to support and much more.

Inspiring People

Whether they have overcome their own personal struggles or just have powerful advice to offer, these feeds can be great sources of inspiration.

1. **@Deepak_Chopra:** Chopra is a well-known physician and author whose feed offers ways to become more in touch with your spiritual side and attain inner peace.
2. **@marwilliamson:** Williamson is more than just an author on spiritual matters; she also founded The Peace Alliance and Project Angel Food. Get advice and guidance from her here.
3. **@soniachoquette:** In this feed you'll get advice on how to become a more fully empowered person from this spiritual author and speaker.
4. **@LouiseHay:** Ms. Hay has been through a great deal in her life, from rape to cancer survival, and her feed can serve as a source of inspiration to overcome your own obstacles and be the best you can be.
5. **@inspiremetoday:** Get daily posts to inspire on this feed from Gail Lynn Goodwin.
6. **@TheRealLesBrown:** Les Brown serves as an example of what you can do even when everyone else says you can't. Labeled as mentally handicapped as a child, Brown is now a well-known speaker and writer, sharing his inspiration with those around the world.
7. **@greggrunberg:** Think all celebrities are self-obsessed? This *Heroes* star proves otherwise, sharing not only his work experiences but his charitable ones with the Band from TV as well.
8. **@zen_habits:** Many are familiar with blogger Leo Babauta's work, and readers can find daily bits of inspiration and motivation on his feed here.
9. **@paulocoelho:** Author of one of the most widely read books in the world, Coelho offers spiritual insights and motivational tweets on his feed.
10. **@J_Canfield:** If you need a little chicken soup today, this feed by the creator of the popular series of books will offer you motivation and inspiration to get going.

National and Global Volunteering

These feeds will help you find out more about opportunities to volunteer in the United States and around the world.

11. **@3DayMe:** This twitterer volunteers time to walk for breast cancer, but the feed encourages people to volunteer in a variety of ways to help others.
12. **@projvolunteer:** Learn about the construction of a non-profit project as well as more about opportunities to help out people around the world.
13. **@EDGEofAFRICA:** Check out this feed to learn more about ethical volunteering opportunities all over Africa.
14. **@VolunteerToday:** This feed can help you learn new reasons why you should volunteer as well as put you in touch with places to give your time.
15. **@VolunteerUganda:** Through this feed you can find out about the Volunteer Uganda organization, including what projects they're working on and ways you can help.
16. **@VolunteerFamily:** Whether you get your real family to volunteer, your roommates, or greek organization this feed will tell you how to get groups involved.
17. **@Voluntweeters:** Follow this feed to learn about organizations that are in need of volunteers.
18. **@ecuavolunteer:** If you want to take your volunteer work abroad, this feed can let you know about opportunities in Ecuador.
19. **@WhoCanYouHelp:** Find out more about volunteering opportunities from this Canadian-based feed.
20. **@GreenVolunteer:** Those who want to help the environment through their volunteer work can find out more about programs and places that need help here.

Local Volunteering

Check out these feeds to learn more about city and state focused volunteering opportunities.

21. **@volunteersd:** Find new ways to volunteer in the San Diego area through the posts on this feed.
22. **@VolunteerTO:** If you live or go to school in the Toronto area, you'll find loads of great volunteering opportunities through this feed.
23. **@VolCenterSN:** This feed will help those in Southern Nevada, including Las Vegas, learn how to give back.
24. **@VolunteerHou:** Help improve the Houston community with links to volunteering opportunities found here.
25. **@GlobeDoGood:** Ivy Leaguers and regular college students alike can find opportunities to help in the Boston area from this feed.

