

# Dream Leaders

*"Never before in the history of the world has the world needed changing more than it does now. We will go down in history as the generation that changed the world"*

~ Craig Kielburger, age 23, founder, Free The Children

In this issue of **Excell Magazine**, Tom Tuohy, founder of Dreams for Kids, generously shares some defining moments from his life. Raised in an environment that could have easily crushed his spirit in isolation, Tuohy now leads an organization that thrives on building strong relationships and partnerships that empowers young people of all abilities to fearlessly pursue their dreams and compassionately change the world.

One of Dreams for Kids' initiatives focuses on a partnership with Free the Children, a Canadian-based program with similar objectives. Here, with Tom Tuohy's consent, is an excerpt from the Dream for Kids website, <http://www.dreamsforkids.org/public/department42.cfm>.

## Free The Children

Free The Children is the world's largest organization of children helping children through education and community service. More than 1 million young people in 41 countries have been impacted by their programs. Their Leaders Today program is the number one student leadership program in the world.

Dreams for Kids is extremely proud to be a supporter and partner in

world change with our Canadian brothers and sisters of Free the Children.

Using Free The Children's magnificent Leaders Today model and adding the Dreams for Kids mission of recognizing and celebrating people of all abilities, we have created the Dream Leaders Program.

## The Mission

*"One day our descendants will think it incredible that we paid so much attention to things like the amount of melanin in our skin or the shape of our eyes or our gender instead of the unique identities of each of us as complex human beings."*

~ Franklin Thomas

One of the powerful lessons dolphins have taught us is that they rarely use their eyes to see. Instead they choose to use advanced sonar, four times more powerful than an MRI, to see a person from the inside.

Bringing together young people of all abilities, from every race, religion, gender, and socio-economic background, allowing them the opportunity early in life to see past any perceived differences among them and to enjoy opportunities which recognize and appreciate our common humanity.

Long before walls can be built, prejudices can be formed and isolation can result, we are creating opportunities which inspire youth to work together and to lead together.

We believe, as those in Free The Children do,

**Dreams for Kids**  
Helping Children. Changing Lives.

Dreams for Kids is a volunteer based, registered non-profit 501(c)(3) children's charity which empowers young people of all abilities through dynamic leadership programs and life-changing activities that inspire them to fearlessly pursue their dreams and compassionately change the world.

Home | About Us | Get Involved | Media | Donations | Privacy Policy |

**FREE NEWSLETTER!**  
DFK Newsletter Sign-up  
First Name:   
Last Name:   
Email:   
  
Current Newsletter

**PROGRAMS**  
• Dream Leaders  
• Extreme Racism!  
• Adopt a Dream

**COMMUNITY ZONE**  
• Events Calendar  
• Media  
• Donations  
• Golf Tournament  
• Dreambirds Video  
• Extreme Racism Video  
• Holiday for Hope  
• International Trips  
• Kiss of a Dolphin Video  
• Photo Gallery  
• Testimonials

**BLOG ZONE**

**Dreams for Kids!**  
*"You must be the change you wish to see in the world"*  
~Mahatma Gandhi

**Join Us on July 23 & 24th at Twin Lakes for Dreams for Kids' Adaptive Water-Sports!**  
Twin Lakes Sponsorship  
Make Donation Here

You can make a difference by getting involved today! Download our brochure to learn more about Dreams for Kids and our programs.

You can help end the isolation of children in your neighborhood and in distant places where the suffering and need is even greater.

Be a part of the world's largest holiday celebration for homeless and underprivileged children! Click here to find out how you can join the global Holiday for Hope!

The youth working with Dreams for Kids are proving every single day that they are the generation we have been waiting for to change the world. From random acts of kindness and service projects in their own communities to reaching out to families of children in developing countries who are forced to work in child labor and others who have no accessible equipment, our Dream Leaders are making a global impact.

**HOW YOU CAN HELP**  
Become our partner in Change today! For as little as 32 cents a day you can be a major investor in Dreams for Kids! Click here for details.

Limited time offer! Free three month trial partnership!

**"Catch the Dolphin Spirit!"** Purchase Tom Tuohy's critically acclaimed book "Kiss of a Dolphin" and you too will be a special

that this is the generation we have been waiting for. We are committed to reminding them they can achieve greatness today and to empowering them to fearlessly pursue their dreams and compassionately change the world.

## The Program

*"Compassion is not a relationship between the healer and the wounded. It's a relationship between equals. Compassion becomes real when we recognize our shared humanity."*

~ Pema Chodron

Within the public and private sectors of local and world communities, Dream for Kids is working in schools and youth organizations in partnership with government and social agencies. We are bringing young people of all abilities together in small groups for the purpose of reinforcing the lessons learned from the classroom, building leadership skills and to serve the local and world communities.

Creating cooperative projects which serve the local and world community connect our youth to others in a way which encourages compassion for those who are both close to home and also a world apart from their daily lives.

While practicing skills such as organizing meetings, letter writing, public speaking, team building and different ability awareness, the Dream Leaders become active members of the

community.

By reaching out to their peers in developing countries, Dream Leaders become involved in global issues and learn to become true citizens of the world.

Just a small sample of the hundreds of ways that our Dream Leaders are serving the local and world communities:

- Random Acts of Kindness
- Halloween for Hunger
- Socially Responsible Birthday Parties
- Forever Friends
- Hosting International Dinners
- Hundreds of Fun-Raising efforts
- Providing families and children in the developing world with sustainable income.
- Making it possible for kids in developing countries to attend school and helping to eliminate poverty and end Child Labor
- Providing medical and adaptive supplies.
- Volunteer Overseas in countries in such places of great need, as Kenya, Ecuador, rural China, India and Thailand. ■

(Tom Tuohy's book, "Catch the Dolphin Spirit"\*, can be ordered at: [www.kissofadolphin.com](http://www.kissofadolphin.com)) \* All profits from the publication and sale of Kiss of a Dolphin support Dreams for Kids.



Available for music  
ministry & concerts

Contact Renee Bowden  
8655 Pyrenees Ct  
Elk Grove, CA 95624  
(916) 247-1476  
[myspace.com/aranesa](http://myspace.com/aranesa)  
[aranesamusic@yahoo.com](mailto:aranesamusic@yahoo.com)