

## Dream Leaders Workshop Outline



### I. Leadership

- A. **Setting the Foundation**- During this workshop, students and facilitators will get to know each other as well as determine the expectations for their time together.
- B. **Being Your Strongest Self**- Students will learn skills to make decisions, choose language, and form relationships using their “strong side.”
- C. **Making Your Voice Count**- Students receive tools for effective leadership, including team work, active listening, and public speaking.
- D. **Building Your Legacy**- Students will discuss how they will use their diverse and extensive abilities to positively impact the world.

### II. Social Awareness

- A. **Taking the “Dis” Out of Disability**- Students explore the stereotypes, limited accommodations, and statistics surrounding those with “different” abilities, as well as become familiar with the powerful spirits of the children who partake in Extreme Recess events.
- B. **Becoming World Warriors**- Students gain an understanding of global issues such as poverty, malnutrition, infectious diseases, gender roles, and environment.
- C. **Understanding Sustainability**- Students determine the difference between “band-aid” solutions to world problems versus sustainable development. Students will look at existing sustainable models for social change.
- D. **Making Change- The Global Village**- Students are introduced to our Global Village Model and further explore concrete ways to affect positive change in the world.

### III. Take Action

- A. **Starting Your Journey**- Students are divided into Action Groups where they determine what cause they will be working towards and creating an Action Plan to do so. Students will also learn fundraising techniques.
- B. **Plotting Your Path**  
Students continue to organize and delegate roles in their Action Plan.
- C. **Team Talk**  
Students will check in with facilitators to determine progress.
- D. **Moving Forward**  
Now, the students have all the necessary tools to continue with their Action Plan. Students and facilitators will agree on ways to keep their efforts going long into the future and reflect on what they’ve learned by becoming a Dream Leader.

## Workshop 3

# Becoming A Star Performer

### -Leadership-



#### I. Pass the Ball Check In- 5 minutes

Check In Question: What was your high point and low point of the week?

#### II. Stage Page- 15 minutes

Now that we know what we want in an ideal leader, it's time to reflect on our own leadership qualities. All of us have many different characteristics and different "selves" that show up at different times. Sometimes we act as a sibling, child, friend, mentor, student, etc... We are now going to explore the different parts of our "selves."

In their Dream Leaders Journal, students are going to think of 8 different personalities (both good and bad) that make up their identities and give those a creative name. Go over the Example Sheet with them to generate some ideas. Walk around the room while students are working to keep them on track (based on the groups' abilities, it is not necessary for them to write full sentences. They can just jot down notes if that is more appropriate for your group.)

When students are finished, pair the students up to share their responses. After they have shared for a few minutes, ask for a volunteer to share their 8 with the class. Write them on the board (or flipchart). Now, ask that volunteer, based on what we discussed early as the ideal leader, which option is their best leadership quality? (It's okay if it's a tie between two.) Now, ask the class if they agree? Once the class agrees, flip the chart to show the "Casting Call" set up. Put the selected quality (or qualities) under "Star Performers." Now, ask which should be "Supporting Actors" and which should be "Waiting in the Wings" until all their qualities have a place to go.

Debrief: Now, have all the students fill out their "Casting Call" sheets. What parts of your self make the best Dream leaders? What parts hinder your leadership abilities?

#### III. Strong Side/ Weak Side- 15 minutes

So, the Stage Page exercise has shown us how we all have different qualities. Some make us stronger Dream Leaders. Some distract us from being Dream Leaders. It's almost as though we have a "strong side" and a "weak side". Now, have students turn to their "Take A Walk On the Strong Side" page. Tell the students we're going to practice a Dream Leader technique during the reading of these pages. Rather than you calling on someone to read or going in the row, everyone is going to take a turn reading when they feel it is their time. Practice not interrupting each other, everyone having a turn, and no one person taking many turns. Ready...let's begin:

Debrief: Does this strong side/ weak side idea make sense to everyone? What are examples of strong side/ weak side behavior you have witnessed in your own life? In yourself? What are some phrases or thoughts the Strong Side would have? Weak Side? (Be APPROPRIATE!!) Discuss as a class for a few minutes.

**VI. Exit Slip & Bring it to the World-** Before next class, pay close attention to when you are witnessing strong sided behavior vs. weak sided. Have examples ready of this behavior in people around you and within *yourself*.



## Stage Page Example

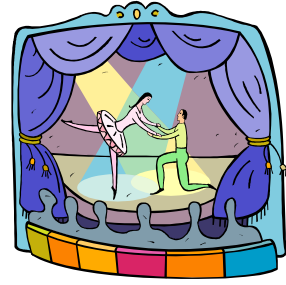
### Workshop 2



1. **Foot Tapper (impatient)** - I can be very impatient too. I want everything to have immediate results, and I get frustrated when it takes time to reach my goals.
2. **Butterfly (social, performer)**- I often like to be the center of attention, and having fun is usually a top priority. I have a hard time turning down fun activities, even if I know I have something more important to do. I hate being by myself.
3. **Preacher Man (passionate)** - I am very passionate, especially when talking about morality and social issues. I'm often talking about what issues I care about and why others should care about them too.
4. **Lance Armstrong (driven)**- I always have big goals and want to achieve everything I put my mind to. I'm always coming up with new ideas and things I want to do with my life.
5. **Chameleon (adaptable)**- I'm very easy going and am quick to adapt to new environments. I love going to new places, meeting new people, and learning new ideas.
6. **Care Bear (caring)**- I'm always trying to see things from different perspectives and think about the feelings of those involved. Emotions and feelings are very important to me.
7. **Busy Beaver (overwhelmed)**- I always need to be active which sometimes mean I take on more projects than I can handle. I have trouble sitting still.
8. **Carlos Zambrano (competitive)**- Whenever I play a game, even if it's just for fun, I get really competitive and always want to win.

# Your Stage Page

Workshop 2



1.

2.

3.

4.

5.

6.

7.

8.

# Casting Call

Workshop 2



AUDIENCE



STAR PERFORMER



SUPPORTING ACTORS



WAITING IN THE WINGS



## Take A Walk On the Strong Side

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Workshop 3

All of us have a Strong Side and Weak Side

### The Strong Side

The Strong Side is the side that is ready to try something new or challenging. The Strong Side knows that you have more than enough intelligence and believes you can learn anything you want...!

#### THE STRONG SIDE OF THE PERSONALITY IS...

- Confident and Courageous! It's always ready to try new things and believes you can accomplish anything you put your mind to!
- Open, Honest, and always Looking Out for Others.
- Ready to learn and find ways to make positive change.
- Respectful and Supportive to those around you!
- Determined to have a quality life—become strong, educated, and decent to other people.

### The Weak Side

The Weak Side is the side that has all the fears. The Weak Side is scared and afraid of failure.

#### THE WEAK SIDE OF THE PERSONALITY IS...

- Afraid of being laughed at, rejected, or looking stupid.
- Afraid to take risks or try challenging things.
- Always complaining things are “too hard!”, “not fair!”, or “boring.”
- Quick to laugh at other people, talk bad about them, and generally make other people feel bad about themselves.
- Mean to other people because they feel bad about themselves.

Reflection #1- What are examples of strong side/ weak side behavior you have witnessed in your own life? In yourself? What are some phrases or thoughts the Strong Side would have? Weak Side? (Be APPROPRIATE!!)



## Workshop 7 Becoming A World Warrior -Social Awareness

### I. Check-In- 5 minutes

### II. Building Our House- 10 minutes

Every child is given a piece of construction paper with the instructions to draw a picture of a house. The best, fanciest picture will win. The supplies to draw the picture are unevenly distributed. Some children get only one crayon, some get just a pencil, others get a marker or two, one might get glitter but no glue with which to use it. One or two children get everything—crayons, markers, glue, glitter. Also, although the people with the better supplies may share, they are not required to. Have the children make their pictures and designate the winner with a piece of candy. (It's okay if the students complain about the injustice of the game initially, and they never actually end up drawing the house!! The point is the discussion, not the actual drawings.)

**Debrief:** Why wasn't this game fair? What didn't they like about it? What did the winners think about it? What did the other students think about it? How does this relate to the world?

### III. World On Fire Video- 10 minutes

Explain you are going to watch a video about world issues. The text on the video goes very quickly, so students must pay close attention. We will watch the video twice to make sure they take everything in.

Play the video.

**Debrief:** What initial emotions did the video evoke? What made you angry? What made you hopeful? Did any parts shock you? What do you think the song title means?

### IV. World Warriors Assignments- 5 minutes

Divide the class into 5 groups. Have them pick one of the following issues out of a hat:

- Poverty
- Infectious Disease
- Hunger
- Literacy
- Gender Roles

Explain to them that each group will become an expert on the issue they picked. They will use the packets provided to them, as well as any other resources available to them (ie internet). Then, they will *creatively* present the issue to the class as well as how it contributes to the cycle of world poverty. In the end, the class will do an anonymous vote on which group presented their issue the most effectively (no group can vote for themselves, which the facilitator will have to check). The winning group will receive the World Warrior Prize (to be determined by school...could be candy, certificates, or anything else appropriate.)

## V. World Warriors Research/ Presentation Preparation- 15 minutes

Be constantly checking in with each group to make sure they are staying on task and seeing how their progress is going. Feel out how much time the group needs to prepare. I imagine they should read their packets for about 15-20 minutes and then take another 10 minutes to figure out how to present it to the group. Be flexible about time though. Keep walking around to the different groups, keeping them on task and asking questions to make sure they comprehend the material.

# Global Issues





# Poverty



## Did You Know?

### Overview on Poverty

In most of the world, poverty is not the exception. *Most* people don't have the basic things they need to survive like nutritious food, clean water, and health care. Almost half the world's population live on less than 2 dollars a day.

People who are living in poverty aren't empowered with the skills they need to break the cycle of poverty. They aren't getting the educations they need and they're often sick with serious illnesses. Perhaps worst of all, they can't plan for their futures because all their energy goes towards surviving day-to-day.

Imagine what your life would be like if you never thought about you want to be when you grow up. What if you couldn't imagine your future at all? Poverty stops kids from dreaming, because it takes away their belief in themselves and their sense of possibility.

- Today, more than one billion people around the world live on less than \$1 a day
  - About 2.7 billion live on less than \$2 a day
  - Almost 11 million children under the age of five die each year from preventable causes (almost 98% of these children live in the developing world).
- (From [www.freethechildren.com](http://www.freethechildren.com))



# The Written Word:

## **Poverty of The World**

By Sami Amusan

Age 13

If you're over the world and looking down on the sea  
All you see in the earth is people in poverty  
If you want to you could have the world to explore  
But go half way round the world there's kids on the floor

Certain people don't appreciate when they know there life is sweet  
They should Go to countries of poverty and see what there is to eat  
The choices of food isn't great maybe a banana or two  
So many people see this life as the life of a zoo

Poverty Found in Asia, America, Africa, and Brazil  
Where the people like lions act and wait for the Kill  
Sometimes Locals chase Trucks Even if it sounds dumb  
Hoping food will fall out even if it's a crumb

In India kids are gasping for air cause there just to thin  
Simply looking for food savaging threw the bin  
So that is why think of the food you waste  
Because some children are thinking how does it taste

If you come to the ghetto of New York City  
And you think to yourself "oh what a pity"  
Think of the Adults in South America  
Where there starving and crying and there jobs are gritty

When you're presented with a job that you're really do hate  
Just think about the poverty.  
Isn't your life great?



## Get Personal:

My name is Habiba Selemani . I am 8 years old and live in a small town on the base of Mt Kilimanjaro in Tanzania. I currently live in a home for street children. Because we were so poor, my mom used my sister, Amina, and me to beg on the streets for survival. We had been begging for two years when a social welfare officer found me and brought me to the children's home. I am excited to stop begging and start school. I am already learning the alphabet in kindergarten. I'm a giggly, happy girl who likes to make others happy.



(From [www.amanikids.org](http://www.amanikids.org))



## News Views:

### World poverty 'more widespread'

By Steve Schifferes  
Economics reporter, BBC News

**The World Bank has warned that world poverty is much greater than previously thought.**

It has revised its previous estimate and now says that 1.4 billion people live in poverty, based on a new poverty line of \$1.25 per day. This is substantially more than its earlier estimate of 985 million people living in poverty in 2004. The Bank has also revised upwards the number it said were poor in 1981, from 1.5 billion to 1.9 billion.

The new estimates suggest that poverty is both more persistent, and has fallen less sharply, than previously thought.

However, given the increase in world population, the poverty rate has still fallen from 50% to 25% over the past 25 years. "This is pretty grim analysis coming from the World Bank," said Elizabeth Stuart, senior policy advisor at Oxfam. "The urgency to act has never been greater, especially in sub-Saharan Africa where half the population of the continent lives in extreme poverty, a figure that hasn't changed for over 25 years."

#### **Regional differences**

The new figures confirm that Africa has been the least successful region of the world in reducing poverty. The number of poor people in Africa doubled between 1981 and 2005 from 200 million to 380 million, and the depth of poverty is greater as well, with the average poor person living on just 70 cents per day. The poverty rate is unchanged at 50% since 1981....China has been most successful in reducing poverty, with the numbers falling by more than 600 million, from 835 million in 1981 to 207 million in 2005. The poverty rate in China has plummeted from 85% to 15.9%, with the biggest part of that drop coming in the past 15 years, when China opened up to Western investment and its coastal regions boomed. In fact, in absolute terms, China accounts for nearly all the world's reduction in poverty. In percentage terms, world poverty excluding China fell from 40% to 30% over the past 25 years...



Tackling global poverty requires both public and private investment



## The Written Word:

### **Poem of Poverty**

By Rosemary Dann

Age 12

(Written after watching Children In Need)

I look at the News.  
Another flash of third world children.  
Flies flitting round faces that don't look human.  
Every person sees these pictures,  
Yet it doesn't reach them.  
There is praying in church for our "Unfortunate brothers and sisters"  
What family are we?  
The prayers give us hope, but we do not need that hope.  
They do.  
World leaders are spending millions on weapons of war.  
Weapons of death.  
And even 'innocent' companies such as Nestle  
Are helping defeat human happiness.  
As we snuggle down in bed at night  
We do not think of how Ethiopian children  
will be spending that same night  
Under that same sky.  
And who will not live through it.  
And then, we see more pictures,  
Of radiant faces at a newly-built water pump.  
The water splashing out into the hot hard ground.  
Those faces know how lucky they are.  
We don't.  
We need to act.



## Web It Up:

[www.one.org](http://www.one.org)

[www.poverty.com](http://www.poverty.com)

[www.kidscanmakeadifference.org](http://www.kidscanmakeadifference.org)

[www.care.org](http://www.care.org)



<http://www.livevideo.com/media/tag/-world-poverty-.aspx>